

OVERVIEW

The Book of Common Prayer was a resource put together 500 years ago in the Church of England. They took what was established prayer in the monastic communities and made that available to everyone so that people could learn to pray in their homes and with their families.

Not all people use the Book of Common Prayer in the same way. It provides structure to our prayer lives but it also can be used freeform. Work with the resources in the Book of Common Prayer to figure out the best way to use it in your life.

FIND AN APP

- My Daily Office
- The Daily Office

ORDER YOUR OWN

You can order your own Book of Common Prayer at AnglicanHousePublishers.org

THE BOOK OF COMMON PRAYER

Summary

THE MORNING OFFICE

The Morning Office service can be done in as short as 15 minutes or as long as 45 minutes. Find a rhythm that works for your prayer life.

OPENING SCRIPTURE

Choose one of the scriptures and take a few moments to be quiet and meditate on the scripture you read.

CONFESSION OF SIN

Ask yourself: "Am I carrying something into this day?" Take the time to name, contemplate, pray through, and ask for forgiveness.

INVITATORY

This is the time that you prepare your heart for worship by reading one of the provided Psalms

READING OF SCRIPTURE

You can use the lectionary in the back of the Book of Common Prayer to choose 2 texts; typically a Psalm and a New Testament passage.

THE APOSTLE'S CREED

Take a moment to remember the essence of your faith and say the Apostle's Creed.

THE LORD'S PRAYER

Use the Lord's Prayer to pray deeply into the day that is before you.

COLLECT

This is a specific prayer for the day that is before you.

CLOSING PRAYERS

The Morning Office closes with 3 prayers: a prayer for mission, a prayer of thanksgiving, and the prayer of St. John Chrysostom. Use these prayers to close your time with Jesus.