



SUSTAINABLE money-saving tips

1. REUSABLE GROCERY BAGS

They're only \$0.99 at Trader Joes, which means that if you use it 10 times, you've paid the bag off completely. Every use after that, saves you \$0.10 every time you go to the store.

2. REUSABLE WATER BOTTLE

This one is more of an up-front investment, but every time you use your reusable water bottle instead of grabbing one from a vending machine or the grocery store, you're saving money!

3. BYOM (Bring Your Own Mug)

A lot of coffee shops will give you a small discount for bringing your own cup! You can bring a mug or cup for your iced drink and save a bit of money on your order.

4. WAIT TO BUY

We often will buy things we don't need because we see the benefit in a single moment. Waiting 7 or 14 or 30 days allows you to really think if you really need the item and if it's something you actually want to spend money on.

5. THRIFT STORES, GARAGE SALES, & FACEBOOK MARKETPLACE

Not only are you able to purchase items at a cheaper price and give new life to something instead of throwing it in the trash, but this tip also includes the "Wait to Buy" principle as you can't always just run to a thrift store and grab what you need.

6. MENDING

Mending is the practice of repairing clothing that has been damaged via stain or hole or tear in a creative way. You can find more information [here](#).

7. T-SHIRTS TO RAGS

Rather than throwing an old t-shirt away, you can cut it into a rag for cleaning or an art t-shirt for your kiddos.

8. SILICONE ZIPLOC BAGS & BAKING MATS

Silicone is a great reusable material that can replace single-use options such as Ziploc bags or parchment paper, making it a single purchase rather than a regular purchase.

9. FIND WHAT YOU HAVE GIFT WRAP

Instead of going to the store to get a bag or wrapping paper, you can save materials that you've received gifts in (yes, I mean refolding the tissue paper) or you can use another part of the gift as wrapping! Wrap your bridal shower gift in a table cloth or bath towel. Use a cute tote bag or basket from the thrift store to wrap a birthday gift. Tie a remnant of fabric around your gift.

10. MAKE YOUR OWN MULTI-PURPOSE CLEANER

This is the cheapest and easiest recipe to make your own multi-purpose cleaner! It only requires 2 ingredients, it's fresh, and effective! [Multi-Purpose Cleaner Recipe](#)