

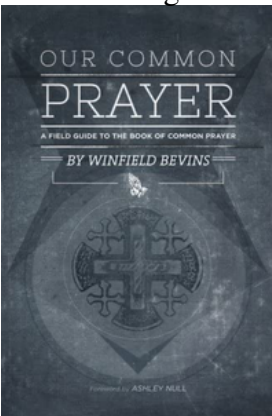
# WHAT DID EMILY LEARN?

*Like many of you, I am quite unfamiliar with the Anglican Church. These summaries are simply me sharing what I learned from reading these books. They're not written by someone who can vouch for the ACNA or the C4SO, but simply someone who's learning, so my hope is that they can help you in this discernment process to choose what reading will be most helpful to you!*

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*Our Common Prayer: A Field Guide to the Book of Common Prayer* is truly what it says it is, it's a field guide. The Book of Common Prayer is kind of a confusing book when you first open it. It's full of obviously meaningful and thoughtful prayers, but there's just *so much* to it. It's hard to know where to start, how to use it, and what the purpose of each prayer or section is. *Our Common Prayer* is best used as a resource along with the Book of Common Prayer.

I'd recommend reading the introduction of *Our Common Prayer* to understand the origins of the Book of Common Prayer, it's history, and how it came to be. Then, I'd order a copy of the Book of Common Prayer from the ACNA website (at Horizon we use the 2019 version), and then reading the introductions to each section in the Book of Common Prayer that Winfield Bevins shares about in *Our Common Prayer*. He gives great insight on how to use each section, what occasion or time of day it was intended to be used in, and even helps the reader understand the purpose of each section. After reading about it, I'd encourage you to just dive on in.



Commit to reading the lectionary texts or doing the Daily Office for one month and just see how it goes. Maybe choose to read *Grace at Meals* (Occasional Prayer 84) before you have dinner every night for a week. Pick one thing to try and just see how it goes!

- Emily

*\*You can find more resources on the Book of Common Prayer online at [rosevillehorizon.org/spiritualpractices](http://rosevillehorizon.org/spiritualpractices)*